



## FLAG FOOTBALL

**CO-ED LEAGUES FOR YOUTH AGES 5–14** 

**FALL 2024 SEASON: AUGUST 26 - OCTOBER 12** 

## **REGISTRATION OPEN NOW UNTIL AUGUST 19**

Members: \$84 Program Members: \$113







Flag Football is a coed recreational league that teaches the fundamentals of flag football in a fun, non-competitive environment. We emphasize equal playing time and fun through caring, honesty, respect, and responsibility. Players may play up an age bracket, but not down. Players may request only one other player to be placed on their team, siblings are automatically placed together. Games are played rain or shine. A mouth guard is required for practices and games; no pads. Games times may vary.

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## **COUNTRYSIDE YMCA**

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